

Painting in Oils – Materials and Techniques from the Masters

Materials List

At the first lesson you can bring along any materials you already have and we will see if these will do, maybe adding a few extras you can get by lesson 2.

Materials can be bought at any art supply store - there is Colour Art in Springwood, or the Artist's Store in Katoomba. Some things are also available from \$2 shops.

To start with:

3 canvases.

One each for a portrait, still life and landscape.

- 12 x 12 inch (30 x 30 cm approx) for still life.
- 10 x 12 inch (25 x 30 cm approx) or 12 x 14 inch (30 x 35 cm approx) for portrait
- 4 x 8 inch (10 x 20 cm approx.) for landscape

BRING - Students need to bring their own palettes, palette cups, palette knives and brushes.

- 1 palette - either wood, plastic or a tear off pad of palette sheets.
- 1 palette knife- size 10 or 15 or both.
- 1 set of 'dippers' or palette cups... these are usually in sets of two and attach to the edge of the palette to hold the medium and turps. Preferably with lids.

Brushes - Ideally a selection of reasonable quality brushes would be good. While cheap materials are ok for beginners mostly, nothing is more frustrating than bad quality brushes that won't do what you want and shed hairs in your painting... Purchase what you can to begin with and then you can add to your brush collection as needed. Ideally a brush set would comprise of:

- Bristle brushes- Flats Filberts and Rounds - sizes '6', '8' and '10',
- Soft Brushes- Flats Filberts and Rounds - sizes '6', '8' and '10',
- 1 or 2 Rigger brushes – for details – just a couple of mm across Size '1' and '2'
- 1 or 2 Mop brushes for blending which are very soft and fluffy - about 1cm across.

Sometimes the sizes in the shops are confusing so it may be easier to go by measurements of the width of the brush- the best sizes are about 5mm across, 1cm across 1.5 cm across and 2 cm across.



Paints

- Basic colours to start are black, white, and a basic primary red, blue and yellow.
- Additional colours that are useful are yellow ochre, red ochre, naples yellow, raw umber, terre verte, vermillion, alizarin crimson, cerulean blue,
- 1 small bottle of painting medium.. such as 'Liquin'
- 1 bottle of odourless solvent. (Or artists turpentine- but maybe we want to minimise smell?)
- 1 roll of kitchen paper.
- Any old rags you have.
- 1 packet of baby wipes
- An apron or old clothes.
- A white pencil and a terracotta colour pencil.
- A 2B lead pencil, eraser, sharpener and pad of paper for sketches. Cheap paper is ok as these are just for planning pictures, not doing finished drawings.
- Some objects for a still life... maybe some fruit or flowers or bowl and cup, interesting objects, seed pods, shells etc, or some pictures and ideas of something you would like to paint.
- If you are wanting to work from a photo or picture please enlarge it to the size of the relevant canvas and bring it on the first day.
- A notebook and pen if you want to take notes.
- If you would like to work standing, please bring a folding easel.